

Tilsworth, Stanbridge and Sewell Walk

approx 7 miles - allow 4 hours

On street parking available in Tilsworth, please park considerately.

1 Take footpath close to junction of Dickens Lane and Dunstable Road (to left of number 18). Go over stile and head for gate at right.

2 Go through gate and walk along left hand edge of field. Look out for gap in hedgerow about half way along bottom of field. Go through gate, follow path to right round edge of field. Go over stile half way down right hand hedgerow. Follow hedgerow to left to another stile at bottom, between end of hedgerow and start of small wood. Go over stile and brook bridge, with wood on right, follow path down, then to the right as it skirts around wood.

3 Head across field towards second small wood. At wood, turn right and follow path as it skirts round wood and along edge of field. Look out for yellow marker post in hedgerow shortly after electricity pylon. Go through gap in hedgerow, through field, through another gap in hedgerow and over brook bridge. Continue diagonally through field, through gap in hedgerow, over brook bridge and through gate. Follow path to right round edge of field, go through another gate, and continue on path, first diagonally then as it bears left (with hedges to left), eventually reaching a gate. Go through gate, turn left on to Peddars Lane.

4 Continue along Peddars Lane, noting some historic buildings, turning left at the end on to Station Road.

5 If you only want to do a short walk (**approx 3 miles**), turn right at end of Peddars Lane and pick up the walk from there. However, it is well worth the detour to Sewell.

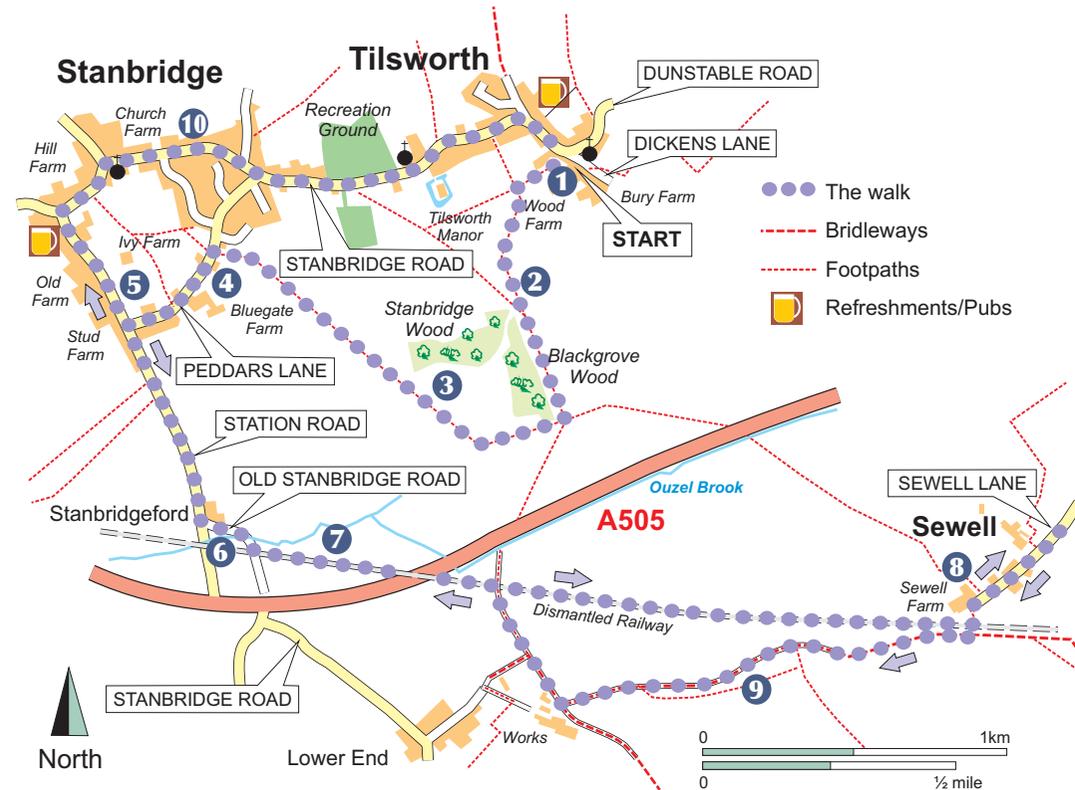
6 Continue on Station Road until you reach Old Stanbridge Road. Turn left and follow road past Stanbridgeford Station, now a private residence but previously a station on the Leighton Buzzard to Luton railway line.



Green Farm, Tilsworth



103 Tilsworth Road, Stanbridge



7 Opposite Stanbridgeford Station, turn left to join cycle path on former railway track. Continue on bridge over bypass.

8 Continue along cycle path, towards Dunstable, until you reach Sewell Farm on left. Cross over bridge before taking footpath to right, which leads back under bridge just crossed. Proceed into Sewell to take in a number of historic buildings.

9 Retrace your steps back through Sewell and under bridge. Turn right on to footpath signed Icknield Way Trail and continue along this until Totterhoe Lime Works. Take path on right and continue down this ignoring any other paths until it meets cycle path. Turn left and continue back along cycle path, past Stanbridgeford Station, and back along Old Stanbridge Road. At end of Old Stanbridge Road turn right and proceed back along Station Road. At junction, with The Five Bells on the left, turn right.



The Five Bells

10 Continue along road through Stanbridge, past 103 Tilsworth Road and in to Tilsworth, noting gatehouse at Tilsforth Manor on right, Green Farm on left, and a number of other interesting buildings scattered amongst more recent developments.